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# Sandgate

FREE JUNE 2022

## GUIDE

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IN MORETON BAY

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AT ARTHUR DAVIS PARK

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INSIDE







A photograph of the interior of Bluenose Betty, a bar and kitchen. The background features a well-stocked bar with numerous bottles of spirits and beer on shelves. A large, ornate brass beer tap is mounted on the bar counter. The bar is illuminated by warm, yellow light from a hanging lamp. The foreground shows the back of three dark-colored bar stools.

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## FROM THE EDITOR...

June officially marks the start of winter, but the end of May gave us a small taste of what is to come! Although the temperature might be dropping, there is still so much going on in the 4017 to heat things up!

4017's local venues have a lot of great music this month from gigs through to Last Night of the Proms which brings a little bit of England to our shores. There is plenty to coax you indoors and out of the cold. Don't forget to check out the dining guide section for plenty of local cafes, restaurants and bar options that are sure to satisfy any cravings before you get your toes tapping!

If you haven't yet been down there, the refurbishment at Arthur Davis Park is now finished and ready for fun! Amongst the many new playground additions are three new slides, which are ready to be road tested by the young and young at heart.

Our favourite gentle giants come out to play in the winter months and if you've never been whale watching, it is an experience not to be missed.

And to take the hard work out of finding a local tradie, solicitor or butcher etc, inside we have a comprehensive listing of trade, businesses and professional services, which also helps support our local community!

Until next month, happy reading!

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Elena Kats-Chermin (L)  
Tamara-Anna Cisiowska (R)



## MUSIC BY THE SEA

STORY **DONNA PHILLIPS**

**JUNE:** Make the pilgrimage to Sandgate Town Hall on 4 June as one of Australia's most renowned classical pianists, Simon Tedeschi, together with celebrated flutist Sally Walker conjure up the greats. Composers include Bizet, who wrote *Carmen*; Satie with his *Chill piano*; the refined, gentle music of Taubert and others.

**Saturday, 4th June, 7.30pm - Sandgate Town Hall**

Book online: [www.musicbythesea.com.au](http://www.musicbythesea.com.au)

**JULY:** Now, guess what's next? Music By The Sea turns 25 on July 2. Yes, thank you but hold the applause for a bit.

One of the country's most distinguished living composers, Elena Kats-Chermin, and renowned ARIA award winning pianist, Tamara-Anna Cislowska have been invited to celebrate. And so have you.

Tamara will perform a selection of Elena's inspirational collection. The playlist also includes a movement close to our hearts, our very own Sandgate Sonata.

Elena said, "Firstly congratulations to Zoli Mauritz, and for 25 years of his inspirational Music By The Sea series - we are delighted to be back to help celebrate this impressive milestone and thrilled to perform some of the Sandgate Sonata, that Zoli commissioned and Tamara premiered in 2016. I remember vividly the few days I spent exploring

the incredible nature and history of these parts: the birds, the frogs, the stunning scenery and the train that brought people out for a day at the beach, the church bells... it inspired me to start writing this sonata almost immediately, before I even left Sandgate. Happy birthday Music By The Sea, we're looking forward to being back in July!"

Since 1997, Director Zoli Mauritz has showcased artists of this high calibre in his iconic monthly concert series. Then from 2002 to 2018 he presented annual three day festivals.

And so they came, and continue to come from across the country and around the world, bringing the best of classical, folk, jazz and world music to us. Will you applaud now, or save it for the night?

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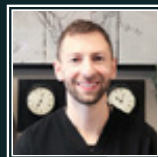
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# MONSTER TRUCK MANIA RETURNS

STORY **PATRICIA HIGGINS**

**T**he bigger the truck, the bigger the fun and all the excitement of **Monster Truck Mania** is about to roll out at the **Brisbane Entertainment Centre** this June.

After a Covid-related hiatus, a convoy of giant-wheeled gargantuans will bring equally massive thrills to a live audience beneath the blazing floodlights of an all-weather arena.

Founder of Spokes Promotions Philip Christensen (the event's organiser) said the Brisbane leg of the 2022 Monster Truck Mania national tour would also feature the premiere of the newest monster truck on the planet.

"The wraps have yet to come off the next generation Devil's Taxi, which is built entirely in Australia and which the owners boast will make all American big trucks obsolete," Phillip said.

The new Devil's Taxi is set to carry on the tradition of the Chevy Silverado monster truck, which held the world record for longest wheelstands up until 2020.

According to Philip, all trucks will be ready for the Brisbane campaign where they will be tested with a series of missions, which will include a hard fought freestyle exhibition and much more.

"Alongside the big trucks, there are zany Junior Trucks, a blazing Jet Car, a wheelstanding Jeep, a

crazy WWII tank with a mind of its own, world-class backflipping Freestyle Motocrossers and even a laser show," Philip said.

The event is family friendly with the weather-proof venue in Boondall featuring velvet seats, high-tech lighting and giant digital screens to ensure comfort and up close and personal entertainment — including dramatic replays.

"It's all back, bigger and better; with the ground set to certainly pound with the whole monster truck lineup," Philip said.

Sessions are scheduled to suit family members young and old with matinees from 1pm on Saturday 18 June (similarly on Sunday 19 June) and ticket prices start from \$35.

"To make it easier for everyone to attend, we've timed things to avoid the usual family weekend commitments," Phillip said.

*Book your seats to Monster Truck Mania online through Ticketek at [www.ticketek.com.au](http://www.ticketek.com.au). To find out more about the venue (including parking and accessibility) visit Brisbane Entertainment Centre online at [www.brisent.com.au](http://www.brisent.com.au).*

**Monster Truck Mania**  
**Saturday 18 June, from 1pm and Sunday 19 June from 1pm**  
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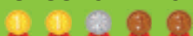
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Suki O'Dea and Josh Plumb

## Care in the community

STORY **BROOKE JACOBSON** PHOTO **BRUCE REDMAN**

**A** new way of caring for others has opened at Sandgate. Nexus Care is a not-for-profit organisation that aims to help those looking for a fresh start.

The charity has been running for 11 years based at Everton Park, and manager Josh Plumb said they were delighted to have opened a second location in Sandgate.

"We're about helping the journey of individuals and families to find a fresh start," he said.

"There are two things we do – firstly, initial relief in the form of nutritious food parcels; and secondly, financial support alongside mentoring, or coaching.

"We have a community-based nutritionist to provide balanced and healthy food parcels – they're good for the budget, good for the family, and you will be able to make complete, healthy meals with them."

Josh added they had funding from the Department of Social Services to offer financial help and advice.

"Longer term, we provide the tools to help people get back on their feet," he said.

"We find that the initial food parcel helps people lift their head beyond the crisis of the day, and then our coaching and mentoring comes in and we tailor our programs there to help people individually.

"We help people get a fresh start, it's a holistic program that restores hope."

In March 2020, Nexus Care experienced a 40 per cent rise in demand for their services, which continued until the end of 2021.

Josh said the past two years had been difficult for many, and Nexus Care were committed to making a difference in Sandgate.

"We had already been working a lot with SANDBAG, complementing some of their services and collaborating with them on others," he said.

"Everton Park will remain our main office, but we realised people had been travelling to us from other areas and that has been steadily increasing. We had already committed to coming to Sandgate before the recent flooding."

Josh added Nexus Care were "starting small" in Sandgate, with walk-ins for food parcels welcome on Thursdays from 11am to 2pm, and financial help available by appointment.

**37 Brighton Road, Sandgate  
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# 73rd Annual REDCLIFFE SHOW

**T**he time has come to unleash your inner child, stock up on your favourite showbags, and feast on fairy floss and dagwood dogs.

The 73rd Annual Redcliffe Show is running from the 24 June to the 26 June, with the three day celebration including activities and events the whole family will enjoy.

Run by the Redcliffe Agricultural, Horticultural and Industrial Society, the show has been operating on the Redcliffe Showgrounds since 1950 and prides itself on including the artistic interests of the whole community.

Show Society Secretary Vanessa McIntyre said the annual event will include educational entertainment as well as activities that have been staples in the show's program for decades.

"We provide free educational entertainment with an animal nursery & reptile display, along with stunt BMX rider displays, puppet shows and whip cracking workshops for children," Vanessa said.

"Not to mention the traditional show entertainment of horse ring events, horse jumping and woodchopping."

Vanessa continues, saying that local shows have a way of bringing communities together.

"They encourage people to showcase their skills, and hopefully gain acknowledgement and win a prize," Vanessa said.

"A local show brings joy, laughter and fun back into our lives, reminiscent of childhood."

The creative pavilion will house exhibitions of art, craft, photography

and needlework, as well as cookery and horticulture. The Show Society also encourages entries into one of the competitions including cookery, woodcraft, and needlework which helps with the preservation of these skills.

"The awarding of merit and prizes encourages individuals to attain proficiency in a wide range of talents," Vanessa said.

"And is vitally important to ensure that these skills are passed onto future generations."

The Redcliffe Show is one of the largest shows in Southeast Queensland, with more than 20,000 people visiting across the three day event.

Families can expect all the show-day favourites including night-time entertainment, fireworks, showbags, show rides, roaming performers and for the budget-conscious family, the show offers plenty of free exhibitions and activities for all to experience.

## 73rd Annual Redcliffe Show

**Friday 24 June 8:00am-9:00pm**

**Saturday 25 June 8:00am-9:00pm**

**Sunday 26 June 8:00am-4:00pm**

**Redcliffe Showgrounds**

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*For more information visit: [www.redcliffeshow.com](http://www.redcliffeshow.com)*



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Damon, Ange, Jojo-Ancajas, Luke, Fletcher

STORY **KELLY WALKER** PHOTO **BRUCE REDMAN**

**S**andgate residents are no strangers to living healthy and active lifestyles, and with such a diverse range of fitness options available locally, it's hard to decide where to start. With the exciting recent opening of JTA Training Systems, a Muay Thai gym, right in the heart of Sandgate, there's one more family-friendly option on the table.

Originating in Thailand, Muay Thai is a popular local sport with regular shows and competitions each month. "We use punches, kicks, knees and elbows," owner Jojo Ancajas explained. "Hence why it's called 'The Art of 8 Limbs'."

Jojo fell in love with the sport when he was just a teenager.

"I had just moved to New Zealand from the Philippines and was being bullied at school because of my accent and size," Jojo said.

"Thankfully, I was invited to join a local Muay Thai class by a fellow student who was dealing with some of the same issues. I was hooked immediately."

Jojo draws on his own experience to inspire young kids today to build the confidence needed to overcome adversity.

"As a teen, I was invited to compete after only being involved in the sport for one year," Jojo said. "I thought they were crazy putting me up against someone I thought I would have no chance of winning against. However, my trainer believed in me and through determination, discipline, humility, and a willingness to take a chance - I won the fight!"

While this type of sport may sound intimidating at first, Jojo assures that it's no more risky than playing AFL or rugby as they involve just as much physical contact.

"Muay Thai also focuses on respect, honour, and loyalty," he said. "You'll also burn a lot of calories as it's quite intense - and it's realistic for self defense should you ever need it."

While the gym has had a great response from the local community so far, Jojo looks forward to welcoming new members of all ages and abilities.

"Guests are welcome to come down to watch and ask questions," he said. "We are there to help, support, and educate others on all that Muay Thai offers."

For more information, visit [www.jtatrainingsystems.com](http://www.jtatrainingsystems.com).





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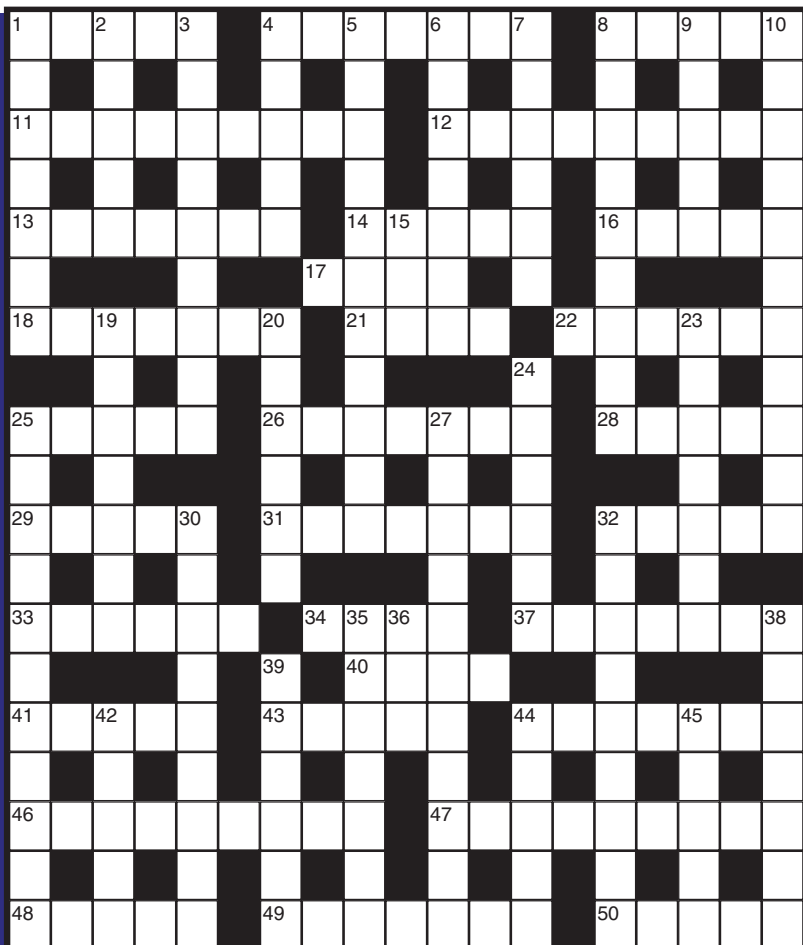
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- 4 Attain
- 8 Liability
- 11 Water store
- 12 In another place
- 13 Encourage
- 14 Regular
- 16 Guide
- 17 Accustomed (arch)
- 18 Armed vessel
- 21 Famous garden
- 22 Junkie, drug \_\_\_\_
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- 31 Laboratory worker
- 32 Extinguish
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- 37 Masterpiece
- 40 Robin hood's priest; Friar \_\_\_\_
- 41 Divulge (3,2)
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- 2 Pants
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- 15 Furthermore
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- 38 Satirical drawing
- 39 Eddies
- 42 Bloodsucking insects
- 44 Clear away (3,2)
- 45 Twilled cotton

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# BRITISH MUSICAL TRADITION HONOURED IN SANDGATE

STORY **ALYSSA MACKAY**

**A**udiences will be chuffed to bits when a celebration of one of Britain's most popular classical music concerts comes to Sandgate this month.

The South East Queensland Symphonic Winds (SEQSW) are staging a tribute to the Last of the Proms, famously held each year in London's Royal Albert Hall.

Musical director Adam Pittard said the SEQSW were always thinking of new and exciting additions to their regular appearances at Sandgate Town Hall.

"This year we are very pleased to bring such a well-known event to Sandgate," Adam said.

"The Last Night of the Proms has been a mainstay of British culture for almost 130 years, and is still one of the most recognised classical music events in the world today.

"Of course, with 2022 being the Platinum Jubilee of Her Majesty the Queen, and 5 June falling over the official celebrations, we are thrilled to be an unofficial part of that celebration."

The SEQSW are based at Deagon, with musicians ranging from 15 to 80 years old.

"The SEQSW has existed for almost 40 years, but has called the 4017 home since 2011," Adam said. "We are a 60-piece wind ensemble, and we also have an 18-piece big

band as part of our organisation."

Adam said the Last Night of the Proms historically consisted of a lighter selection of music followed by a set order of patriotic British tunes.

"The event will start with the rousing Overture to Orpheus in the Underworld and will feature music from Grainger, Elgar and Dvorak," he said.

"Traditionally the Last Night of the Proms finishes with a set order of well-known British pieces including Rule Britannia, the Pomp and Circumstance March No. 1 and Hubert Parry's Jerusalem. Parts of the celebration include audience singing participation and lyrics will be provided for the audience to join in."

Attendees are encouraged to dress up and bring along their British flags.

"We will be running a raffle, and we have commissioned a British themed piece of art as first prize," Adam said.

In the United Kingdom, the BBC Proms is an eight-week festival of orchestral concerts, culminating in the Last Night of the Proms.

*Tickets are \$18 for adults and \$13 for concession. To buy tickets go to [www.eventbrite.com.au](http://www.eventbrite.com.au)*

**Last Night of the Proms  
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# SANDBAGs Annual Tree Planting Ceremony

STORY **JULIA LEWIS**

**S**ANDBAGs annual Tree Planting Ceremony is a key event in the community, supporting victims of family domestic violence.

Taking place on June 8, the ceremony involves planting trees to honour those who have lost their lives to domestic violence and to remember those who have been left behind. Manager of SANDBAGs Domestic Family Violence Counselling Program, Kym de Thierry, said the event is open to all.

"Members of the public, local schools and community centres, groups and other key agencies, are all invited to participate in the tree planting ceremony in memory and support of those who have survived, and those who haven't," Kim said.

"We plant trees as a symbol of those women and children we walk alongside within our counselling service, and of those who have led the way in our journey against domestic and family violence."

"Like the trees we plant, we hope victims and survivors will grow in strength and resilience and in turn, one day offer shelter, support and nourishment to our families, our children and our community as a whole." Kim said.

Following Domestic Violence Prevention month in May, the ceremony includes speeches and provides a space where the community can connect and support each other.  
For more information visit [www.sandbag.org.au](http://www.sandbag.org.au)

**SANDBAGs Annual Tree Planting Ceremony**  
**Wednesday 8 June 10am – 11am**  
**Bald Hills Creek**  
**Entry via walkway**  
**Free event**

## FLOOD RESILIENCE FUND

FROM THE OFFICE OF STIRLING HINCHCLIFFE MP

**M**ember for Sandgate, Stirling Hinchcliffe MP said he is pleased to advise registrations of interest for the \$741 million Resilient Homes Fund through which damaged homes can be raised, repaired and retrofitted, or voluntarily bought back, are now open.

"Grants will be available to assist eligible homeowners to repair or retrofit their homes to incorporate flood resilient design and materials," Mr Hinchcliffe said.

"This could include replacement of floor coverings with a water-resistant finish such as tiles or polished concrete and moving power outlets to above recognised flood levels.

"Many local house owners will be glad these grants will also be available to eligible homeowners to raise homes to reduce the impacts of future flood events by lifting living areas and rooms above the defined flood level."

In high-risk situations where repairing, retrofitting or raising are not considered suitable options, a voluntary buy-back of the residence will be considered, said Federal Member for Lilley, Anika Wells MP.

"Voluntary home buy-backs will be on a case-by-case basis and will consider a range of factors including the frequency of flooding, severity of flooding, structural safety of the property, future flood risk and broader social impacts," Ms Wells said.

"This is the largest home resilience program of its kind ever to be delivered in Australia."

Councillor for Deagon Ward, Jared Cassidy remarked that the register of interest is the first important step in helping flood-affected Queenslanders make their homes more resilient following the 2021-22 disaster season.

"Together with information and flood modelling from local councils, and damage impact assessment data from the Queensland Fire and Emergency Service, this register of interest will help the Queensland Government in understanding how many properties require assistance, the scope of assistance requested, and also inform detailed rollout plans," Mr Cassidy said.

For more information about the Resilient Homes Fund, and to register your interest for the Program, visit: <https://www.qld.gov.au/housing/buying-owning-home/financial-help-concessions/resilient-homes-fund>



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# EINBUNPIN FESTIVAL TURNS 30!



Jared Cassidy, Denise Herbert, Victoria Newton

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

**T**he Einbunpin Festival has been bringing the Sandgate community together since 1992. This year marks 30 years of the festival and previous Deagon Ward Councillors Denise Herbert and Victoria Newton are celebrating with current Councillor Jared Cassidy by reflecting on the history of this much-loved event.

When Denise was elected in 1991, she was approached by locals wanting another festival after the Back to Sandgate Festival folded.

"I called a public meeting at the Sandgate Town Hall to explore if there was support and if so, what kind of a festival should evolve," Denise said.

"The meeting was very well attended and there was strong support for a community-based festival showcasing local groups, schools and talent. A committee was formed and the Einbunpin Festival was launched."

Victoria took over as Councillor and festival chairperson in 2000.

"Building on the work of Denise and the Einbunpin Festival community, we grew from a one stage festival to one with multiple performance spaces for local musicians and performers, turned the bridge from the lagoon into a community art gallery, hatching the Bunpin as a 3D mascot, and creating a digital presence through the

website and social media to help keep locals in the loop and involved," Victoria said.

Jared said this would be his sixth year as festival chairperson.

"I think people have come to see the Einbunpin Festival as a natural part of the community -- having lasted this long, it's part of the fabric," Jared said.

"However, it takes a lot of organising and volunteer hours and community sponsors to pull it off. I know each of the stall holders and performers have to spend a lot of time preparing too, but I would love to see more community involvement in the festival's organisation.

"Some of my happiest memories as a kid growing up locally were attending the festival, and I can tell you I never imagined I would be organising it one day! You get to see the very best of the whole community all in one place helping out at a festival like ours."

Denise said she would like to pay credit to the committees over the years.

"They have been hard working and have remained loyal to the original set of ideals – a true community event," she said.

Denise and Victoria will join Jared as special guests at the official opening of this year's festival.

**Stay tuned for next month's issue for all the other details on the 2022 Einbunpin Festival.**



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## FIT & HEALTHY SANDGATE

STORY **ALYSSA MACKAY**

### Mind and Body Skills for Kids

Children aged six to 10 years can play games, make friends and learn new skills at KinetickKids multi-sports and mindfulness classes this month.

The free classes will be held at McPherson Park in Bracken Ridge over three Thursdays in June, as part of Brisbane City Council's Active and Healthy program.

Psychologist, Dr Tamara Street said KinetickKids provided a fun program that supported the healthy development of a child's physical health and mental wellness.

"Mental wellness is important for children, particularly given the recent and ongoing period of uncertainty and challenge that our community has experienced," Tamara said.

"To help our children to thrive and learn coping skills for life, every KinetickKids class concludes with a fun mental wellness activity."

Bookings essential. Visit <https://www.kinetickids.com.au/activeandhealthy>

**KinetickKids Multi-Sports and Mindfulness Thursday, 2, 9 and 16 June, 3:30-4:30pm McPherson Park 146 Denham Street, Bracken Ridge.**

### Mindful Movement with Nia FreeDance

Step onto the dance floor and explore your creativity and expression.

Nia Black Belt, Helen Suchting holds Nia® FreeDance classes for women on Thursday evenings at Sandgate Town Hall.

"Each class sets a focus and intention and the music landscape is designed to support you on a journey of exploration through movement and dance," Helen said.

"The class is gently guided by me and participants are encouraged to let go and allow their creativity and expression to awaken on the dance floor.

"I have found FreeDance takes practice. I felt uncomfortable at first myself, moving without following someone else, but over time it has boosted my confidence – both on and off the dancefloor. It is my medicine to feel better in my body, release emotions and improve my mental wellbeing."

First class is \$10. To book email [helen@spiritedmovement.com](mailto:helen@spiritedmovement.com) or call 0403 124 504.

**Nia® FreeDance Classes by Spirited Movement with Helen Thursdays, 7-8pm Sandgate Town Hall Cliff and Seymour Street, Sandgate.**

### Roll up to Scooter Lessons

The local skate park is a great place to learn safe scooter skills.

RampFest is hosting freestyle scooter coaching for children aged between 10 and 17 years at Deagon Skate Park this month.

The free activity is part of Brisbane City Council's Active and Healthy program and encourages kids to make the most of local skate parks.

"This program is a safe space for young participants to learn how to stay safe in skate parks and the etiquette of using them," a Council spokesperson said.

"It's all about building participant's confidence, improving patience and teaching them that persistence pays off."

Participants must have a suitable freestyle scooter and helmet.

No bookings required. For more information phone RampFest on 0421 701 448.

**Freestyle Scooter Coaching Monday, 27 June, 10am-12pm Deagon Sportsground Park 83 Board Street, Deagon.**





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# ST PATRICK'S COLLEGE COMMEMORATES 70 YEAR ANNIVERSARY

STORY **ALYSSA MACKAY**

**S**t Patrick's College at Shorncliffe is celebrating '70 years educating by the sea' with a series of special events, including a big weekend of sport this month.

A Celebrating 70 Years of SPC Sport lunch will take place on Friday, 10 June, followed by the school's annual sporting event Back to Shorncliffe Day on Saturday, 11 June. All funds raised during these celebrations will go towards local landmark Morven House, which is in need of extensive repairs and renovations.

College principal Chris Mayes said Morven House was the rock of St Patrick's.

"It is our foundation both physically and figuratively," Chris said. "Since the mid-1800's, it has brought much grandeur and admiration to Shorncliffe. After a period of deterioration, it was rebuilt as our school. It was the first classroom and home to our first teachers.

"Everything that has been built since 1952 has been built around it and holds its place as the beating heart of the college. But after 70 years, it is time for it to reclaim its position as the grand centrepiece both in looks and purpose. It may not have classrooms anymore, but it is home to our teaching staff and a place for visitors to be welcomed."

College alumni, families and college friends are invited to join in the anniversary celebrations at the Celebrating 70 Years of SPC Sport lunch at Kedron-Wavell Service Club, where a panel of 'Old Boys' will discuss how the school

Drew Mitchell

Ryan Smith

influenced their pursuit of a career in sport.

Special guests include former Australian rugby union player and commentator, Drew Mitchell, Queensland Reds Player, Ryan Smith, former fast bowler for Queensland, Brendan Creevy, and Nutri Grain Ironman Series competitor, Matthew Palmer.

The following day, Back to Shorncliffe Day kicks off at Curlew Park with the college hosting Marist College Ashgrove as part of the rugby and football season. The event is free with food trucks and entertainment for the whole family.

This year, as the College celebrates 70 years, they are inviting all past students, families and the community to join the carnival-like atmosphere and enjoy a great day of SPC sport.

*Tickets for Celebrating 70 Years of SPC Sport are \$95, which includes a two course lunch and drinks. For tickets go to <https://events.humanitix.com/70-years-sport-lunch>*

**St Patrick's College Celebrating  
70 Years of SPC Sport  
Friday, 10 June, 12:30-3:30pm  
Kedron-Wavell Services Club  
21 Kittyhawk Drive, Chermiside.**

**Back to Shorncliffe Day 2022  
Saturday, 11 June, 7:30am-5pm  
Curlew Park, Sandgate.**





**ST PATRICK'S  
COLLEGE**

*Shorncliffe*

**1952 - 2022**

# *Back to Shorncliffe Day*

**Celebrating  
70 Years  
of SPC Sport**

**Saturday, 11 June  
Curlew Park**





Bulldogs winning gold at the Nationals in the Mixed 680Kg outdoor comp

# BULLDOGS BITING TO WIN NATIONAL TUG-O-WAR TITLE

STORY **JENN CARRINGTON**

**D**id you know that the school-yard game of Tug-O-War has become a national sport?

Requiring stability, strength, stamina and endurance, the game has become very competitive, with the 2022 Nationals being held this August at the Backyard Bonanza in Bracken Ridge. And it's got a lot to do with the Brisbane Bulldogs Tug-O-War founder and team coach, Graham Egan.

"Tug-O-War was a regular pastime and exercise drill when I was in the army. I was first introduced to Tug-O-War when I was stationed in Malaysia in 1968. When I got out of the army, I needed something to keep me fit, so I decided to use Tug-O-War as part of my fitness regime." Graham said.

More than 50 years later, the 74 year old Vietnam veteran is still using TOW to keep fit, starting the Brisbane Bulldogs team back in 2002. They are set to compete at the 2022 Australian National Tug-O-War Championships, and hope to take several teams to the competition.

"There are six people to a team, which are made up of up to eight weight divisions and a mixed division, to foster more involvement of women. Back in the 90's we had all female teams. So now we are hoping more females will give the sport a go," he said.

Graham went on to add that a great way to encourage kids to try out for TOW, is to come and watch the Army Cadets who, along with several Queensland based army teams, will

be holding their own competitions over the weekend.

Graham added the highlights of TOW is the challenge of getting six grown men together and forcing them in a direction they don't want to go.

"It's almost like, in the good old days, the best way to fix a broken down car was getting everyone together to get the car going. Everyone would push and pull and work as a team to get the car running again.

"It's that main ingredient of working as a team, if you don't, you lose."

The Brisbane Bulldogs are currently recruiting new team members. "Come down for a chat and have a training session. We are looking for fitness buffs, tradies, gym-goers etc to come and try out. We would love to add more teams to our squad for Nationals."


The Backyard Bonanza is hoping to attract up to 10,000 visitors this year, with 2022 the first time Tug-O-War has been included, and according to Graham is "the most important attraction of the weekend."

For more info, call Graham Egan on 0407 481 729 or visit <https://www.facebook.com/Brisbane-Bulldogs>

## The Australian Nationals Tug-O-War Championship

**Indoor Comp Saturday 27 August from 12pm**  
**Outdoor Comp Sunday 28 August from 9am**  
**Backyard Bonanza, McPherson Park**  
**146 Denham Street, Bracken Ridge**





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STORY **BROOKE JACOBSON**

## Lilley Citizens Honoured

Congratulations to the 2022 Lilley Honours List recipients, who received their awards at a recent ceremony hosted by Federal MP for Lilley, Anika Wells.

The award recipients were:

- Ted Tremayne Business Award: Espresso Train
- Marchant Family Award for Active Citizenship: Kane Jacobson from Sandgate State School P&C
- Anne Stanton Award for Fostering the Development of Young People: Christopher Reid from Wavell Heights Scout Group
- Elaine Darling Award for Community Leadership: Sharyn Furze from Share the Dignity

A number of people were also named as being Lilley Flood Heroes – Mark and Rhonda Lester; Daniel Friske; Oakh Mueangnoi; Matthew Blyth; Troy Schultz; Kara Rigg; Eden Taylor; and Lee O'Neill.

## Free Pilates class

Try Pilates in the calming surrounds of the Boondall Wetlands. There's a free class on Friday 3 June at 8am at the Boondall Wetlands Environment Centre, 31 Paperbark Drive, Boondall. To book, or for more information, phone Sharon on 0439 996 049 or email her on [sharon@precisionpilates.com.au](mailto:sharon@precisionpilates.com.au)

## Damp keeps on rising

If there's one thing residents of the 4017 have been discussing on social media in recent weeks, it's mould. After weeks of rain, followed by humidity, it seems we're all experiencing mould and damp conditions at home. Some of the solutions offered on local Facebook pages included: wiping over surfaces with white vinegar; investing in a dehumidifier; moisture absorbers in the cupboards; and even equal

parts isocol and water, used as a spray for surfaces. Other suggestions included: clove oil and water; leaving "jumbo chalk" around the house and when it changes colour, put it outside to dry before bringing it back in again.

Do you have any tips for getting rid of mould? If so, email them to Bramble Bites so we can share with our readers!

## Ace new lighting for tennis club

State MP for Sandgate, Stirling Hinchliffe, has announced the Sandgate and District Youth Tennis Association is set to receive \$78,291 to upgrade their lighting to lux 250.

"This funding is a part of the more than \$9.7 million which has been approved to 104 Queensland sport and active recreation organisations and local governments so they can build or upgrade their playing facilities as part of the Active Gameday Projects fund," he said.

"The State Government is committed to providing our community with funding and support for minor infrastructure projects which make the place we live, that little bit better."

## Health and wellness for women

The Women's Health and Wellness Expo will be held on Saturday, June 4 from noon to 4pm, at the Bracken Ridge Community Hall (next to the Bracken Ridge library). Come along for talks about nutrition, health and wellness, as well as stalls selling plants, candles, crystals, make-up and skincare, and crafts. There's a lucky door prize and a free clothes swap as well. For more information contact Haley on: 0411 357 320 or Kristy on: 0421 868 867

## Would you like to contribute to Bramble Bites?

Email Brooke to be included in the next Bramble Bites: [editor@sandgateguide.com.au](mailto:editor@sandgateguide.com.au)





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A man with a beard and a dark blue polo shirt is smiling and holding onto a blue playground structure. Two young boys are sitting on the structure next to him, also smiling. The background shows a sandy playground area with trees and other play equipment.

# ARTHUR DAVIS PARK GETS NEW PLAYGROUND

Jared Cassidy, Bryson, Hugh

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

**L**ocal kids have been busy making the most of some exciting upgrades to the play equipment at Arthur Davis Park.

The popular playground on the foreshore at Flinders Parade underwent a full refurbishment earlier this year thanks to funding from Brisbane City Council.

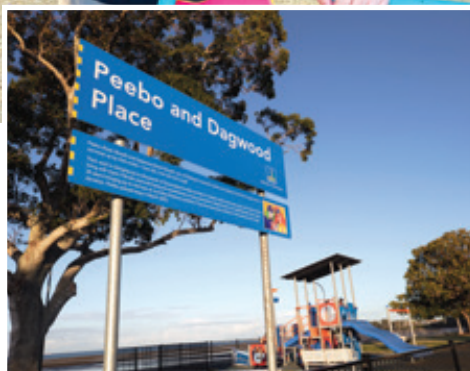
Deagon Ward Councillor Jared Cassidy said the fences were down and the playground was now open for all to enjoy.

"Many of our playgrounds are getting to the end of their usable life, so I have been pushing for replacements like these to be prioritised for the last few years," Jared said.

"The playground equipment had been there for a long time and while some of it was still serviceable, many components had reached the end of their usable life. I was pleased to see some of them recycled and retained in the new playground. The pirate ship and the all-abilities carousel were retained."

Jared did an online survey last year to collect views about what the community liked most about the playground and what people wanted to see improved. He said he provided the feedback to the Council's Parks team.

"The feedback I received was very positive and



we were able to incorporate some of these ideas into the new playground," he said. "There is a good variety of equipment for kids of different ages now, which was important to people, as was incorporating the natural environment into the playground.

"Playing amongst the trees is pretty special. I've visited a few times, including with my nephews and their two favourite parts were the slides and the climbing wall. The addition of the sandstone blocks and timber also allows for nature-based play and also doubles up as more seating for mums and dads."

Children have three new slides to play on, including a 1.2 metre double slide, as well as a spiderweb and inclined pommel walk.

Nearby Peebo and Dagwood Place has also received an important upgrade following community requests for more shade.

"We have arranged for some shade sails to be installed which will make this special playground sun safe all year round now," Jared said.



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# WHALE WATCHING IN MORETON BAY

## A Hotspot For Local Humpbacks



STORY **KELLY WALKER**

**O**f all the cool local activities that Brisbane has to offer, whale watching definitely tops the list. For the last 25 years, Captain Kerry Lopez, of Brisbane Whale Watching, has been giving guests the thrilling opportunity to see our local humpback whales up close in their natural habitat - right here in Moreton Bay.

Brisbane Whale Watching kicks off their 2022 season on June 11th and Kerry guarantees sightings right through until the end of October.

"We're excited to be celebrating our 26th year of doing the tours," she said. "Most people are quite surprised to learn that we have such a great environmental treasure with so many whales right here in Moreton Bay Marine Park."

Kerry explained that thankfully the whale population in Moreton Bay has grown over the last few decades as people have learned how best to care for the whales and respect their needs.

"Moreton Bay seems to have become a favourite nursery area for them," Kerry said. "When I first started doing the tours, it could take more than an hour just to find one or two pods at the height of the season - now guests might be lucky enough to see 30 whales on a single trip!"



For Kerry, her favourite part of the job is seeing the reactions on guests' faces when they sight a whale for the first time. "The whales are just so playful, resilient and curious," she said. "I've seen 90-year-olds through to young children with tears in their eyes, in absolute awe at these amazing animals. When they see a 45-tonne humpback rise from the depths right in front of their eyes, it's quite an experience."

After spending so many years observing the whales, Kerry is more committed than ever to continue to create passenger awareness with regards to these beautiful mammals.

"The whales are just so intelligent," she said. "My onboard commentary focuses on the whales, their habitat, and how we can all help their population grow by keeping our oceans clean and free from any pollutants."

*For more information, visit [brisbanewhalewatching.com.au](http://brisbanewhalewatching.com.au).*



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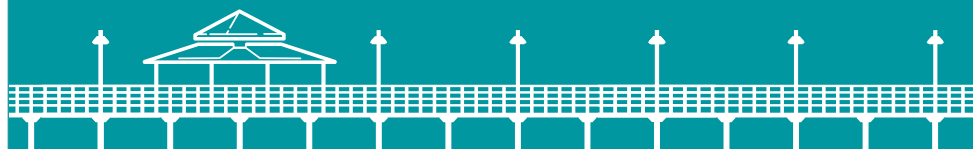
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# SocialSnaps by PAUL NEIL

If you have an event that you think is worth a photo, call me on 0449 660 473



Kel and Finn were out for coffee and breakfast with their Grandma, Alma, to celebrate Mothers' Day at Full Moon Hotel, Sandgate.



It's ANZAC Day and Vietnam War Veteran Bob Konicanin and his mates take part in the Sandgate Anzac Day Parade. Lest we forget.



'The Walters' perform live to an appreciative weekend crowd at Cardigan Bar, Sandgate.



Lisa and Doug are out for a night of fine dining and dancing with over 500 of the college community attending the St Patrick's College, Shorncliffe 70 year Anniversary Gala Dinner.





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# The Atkin Monument - a good man remembered

STORY **PATTIE TANCRED**

**B**ehind St Margaret's Anglican Church is a quiet spot that both conjures an earlier time in the settlement of Sandgate and invites contemplation of a life well lived. There, in the shade of a neighbouring camphor laurel tree, is a monument to a man who, although short-lived and now not well known to many people, contributed much to the early life of our state.

That man is Robert Travers Atkin, a journalist, member of the Queensland parliament and champion of democracy and social reform at a time when neither was universally approved nor accessible. Born in Ireland in 1841, Robert arrived, with his wife, in Queensland in 1864. After farming near Clermont, they relocated to Brisbane where Robert went into journalism, becoming editor and later proprietor of several publications.

In 1870, he was elected to the Queensland parliament and held his seat until 1872, when he resigned because of worsening health. Through his journalism he advocated for a more fair and equal society, promoted new industries and argued against injustices like the trafficking of South Sea Island people to work on sugar plantations.

Robert lived for a while in Hamilton but later moved to Sandgate. He liked to sit on the little hill where his monument now stands and look out over the new settlement towards Moreton Bay. He died in Sandgate on 25 May 1872, aged just 31, and was buried there, in his favourite spot. Later that year his friends in the Hibernian Society erected a monument over his grave.



Atkin monument

Robert left £50 in his will towards the construction of a church nearby. The foundation stone of the original St Margaret's (now the old rectory) was one left over after completion of the monument.

Also buried and memorialised there is Robert's sister, Grace, who worked as a governess, started a girls school at Hamilton and assisted in establishing the first girls grammar school in Australia. She died on 26 Jan 1876 at age 32. Perhaps, as an educationist, she rests peacefully within earshot of the children playing at the Sandgate school.

The monument gradually fell into disrepair. It has undergone several restorations, first in 1937, paid for by Robert's son Lord Atkin of Aberdovey, a renowned British jurist. A further restoration was undertaken in 1992, largely paid for with funds raised by Lord Atkin's great grandchildren. The monument as it is today is the result of a further refurbishment, begun in 2016. A ceremony to commemorate the Atkin family and dedicate the restored monument took place on May 29, attended by the Honourable Susan Kiefel AC, Chief Justice of Australia. A fitting memorial indeed to a good man.

*With thanks to the Sandgate Historical Museum. Photo acknowledgements: 1 John Oxley Library, SLQ Neg No 204686*





# what's on

## june

with free live music!

easy like a  
**Sunday**

**full moon** BREAKFAST OVERLOOKING THE BAY  
Sunday's Bam 10:30am

**the Steak Out** **\$16**  
monday nights

150g Char Grilled Rump, Chips & Salad

**full moon** Creamy Garlic Prawns \$5  
Mushroom, Peppercorn, Stone or Red Wine \$2

**musical bingo**

**DROPPING BEATS NOT BALLS!**

**full moon** 7PM TUESDAY NIGHTS  
**FREE TO PLAY**  
BOOKINGS RECOMMENDED

get ya'  
**Schnitz** **\$16** **\$14**  
WEDNESDAY

the naked chicken schnitzel  
served with chips, garden salad & choice of sauce

**full moon** ADD A FAMOUS TOPPER \$4  
Aloha Hey Presto Parma-hama The Ahiada



WED 1 @ 5:30PM **\$16 SCHNITZ**  
THU 2 @ 5:30PM **\$18 TIKKA THE NIGHT OFF TRIVIA**  
@ 7PM  
FRI 3 @ 8PM **BEN STEWART DUO**  
SAT 4 @ 8PM **C&C DUO**  
SUN 5 @ 8AM **BREAKFAST**  
@ 2PM **SCARLETT GUNNER DUO**

MON 6 @ 5:30PM **\$16 STEAK OUT**  
TUE 7 @ 7PM **MUSICAL BINGO**  
WED 8 @ 5:30PM **\$16 SCHNITZ**  
FROM 7PM **STATE OF ORIGIN GAME 1**  
THU 9 @ 5:30PM **\$18 TIKKA THE NIGHT OFF TRIVIA**  
@ 7PM  
FRI 10 @ 8PM **THE BERRYMEN DUO**  
SAT 11 @ 8PM **AMY VARLEY DUO**  
SUN 12 @ 8AM **BREAKFAST**  
@ 2PM **PERCY ROBINSON DUO**

MON 13 @ 5:30PM **\$16 STEAK OUT**  
TUE 14 @ 7PM **MUSICAL BINGO**  
WED 15 @ 5:30PM **\$16 SCHNITZ**  
THU 16 @ 5:30PM **\$18 TIKKA THE NIGHT OFF TRIVIA**  
@ 7PM  
FRI 17 @ 8PM **PETE CULLEN & MIC G**  
SAT 18 @ 8PM **DARYL JAMES DUO**  
SUN 19 @ 8AM **BREAKFAST**  
@ 2PM **JAY & EM DUO**

MON 20 @ 5:30PM **\$16 STEAK OUT**  
TUE 21 @ 7PM **MUSICAL BINGO**  
WED 22 @ 5:30PM **\$16 SCHNITZ**  
THU 23 @ 5:30PM **\$18 TIKKA THE NIGHT OFF TRIVIA**  
@ 7PM  
FRI 24 @ 8PM **TOM ROBERTS DUO**  
SAT 25 @ 8PM **ALEX HARRIS & DARCE**  
SUN 26 @ 8AM **BREAKFAST**  
@ 2PM **THE LOVE CATS**  
FROM 7PM **STATE OF ORIGIN GAME 2**

MON 27 @ 5:30PM **\$16 STEAK OUT**  
TUES 28 @ 7PM **MUSICAL BINGO**  
WEDS 29 @ 5:30PM **\$16 SCHNITZ**  
THURS 30 @ 5:30PM **\$18 TIKKA THE NIGHT OFF TRIVIA**  
@ 7PM



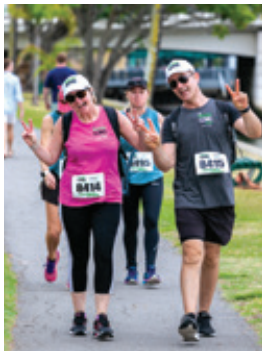
# Join the walk to fight Mito

Whether you walk, jog or run, every step of the Bloody Long Walk will raise money towards a cure for mitochondrial disease.

Around 1300 people are expected to participate in the Mito Foundation's annual fundraising event, walking 35 kilometres from Sandgate to the finish line at Kangaroo Point Cliffs Park.

Mito Foundation chief executive officer, Sean Murray said the walk was part of a nationwide initiative that supported families affected by mitochondrial disease (mito).

"So far, the response has been unbelievable for our Brisbane event, which is one of the ten



Bloody Long Walks taking place across Australia this year," Sean said.

"The truth is every week in Australia one child will develop a life-threatening form of mito – that's 50 Aussie kids a year. Yet most people have no idea that the disease exists."

Mito is a genetic disorder with no cure and few effective treatments.

"All money raised will help ramp up our support services for mito families, while funding vital research into prevention, treatments and cures," Sean said.

This year, walkers will have an extra spring in their step following the passing of the Mitochondrial Donation Law Reform (Maeve's Law) Bill 2021, giving families with certain forms of mito access to a clinical

trial of mitochondrial donation.

For more information and to register visit [www.bloodylongwalk.com.au/lp/brisbane](http://www.bloodylongwalk.com.au/lp/brisbane)

## Tradie Pit Stop Comes to Town

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

**L**ocal tradies were in for a treat last month when the Optus Tradie Pit Stop visited Jeays Mitre 10 at Sandgate.

Ed Chambers, Associate Director Partnerships Marketing, Optus Business, said Sandgate was chosen for the event because it had the largest number of registered trade offices.

"The Optus Tradie Pit Stop is an immersive experience designed to give busy tradies time back in their day via an epic brekkie, smooth coffee, and a car clean – all on us," Ed said.

"Our research, leveraging official ABS data, showed that over 16 thousand construction businesses are registered in the wider Sandgate region, which drove our decision to bring the Tradie Pit Stop to town.

"Coupled by partnering with the 100-year-old Jeays Mitre 10 store, we know we were well placed to connect with the local tradie community."

Jimmy and Tam Wilkins, the Queensland contestants and winners of reality television show The Block 2020, were also there to offer renovation tips. "Make sure your budget is in order," Jimmy said. "Everything at the moment is increasing. Do research on not only your tradies but also on materials."

Tam said renovators needed to make sure their layout worked for them. "It is the most important part of any renovation," she said.

The Optus Tradie Pit Stop is a partnership with local Mitre 10 stores, which travelled through Brisbane, Sydney and Melbourne in May.







# Sandgate Hearing

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10. Three year warranty

Contact us to arrange a FREE Trial.



## HERE IS WHAT SOME OF OUR HAPPY CUSTOMERS HAVE TO SAY...



### *These hearing aids are the best ones I've ever had....*

For the last 10 years I've been struggling with my hearing. Although these are not my first hearing aids, they are the best ones I've ever had. I'm so glad I have found Ronnie at Sandgate Hearing. I can pick up conversations with my friends a lot better now and I'm enjoying watching my TV more because with these new hearing aids, I can hear all the shows a lot better. Ronnie is extremely helpful and very ethical. I would definitely recommend him to anyone with hearing issues.

**Jean Davies, Taigum**



### *I can hear people talk & understand what they're saying...*

I'm in heaven now that I can hear people talk and understand what they're saying. I'd been struggling with my hearing for a long time but now I have found Ronnie at Sandgate Hearing, I'm very happy. I'd recommended anyone with a hearing loss to come see Ronnie.

**Wilma Walton - Deagon**

- The Commonwealth Hearing Service Program
- Paediatric hearing assessment
- Workcover, NDIS hearing assessment
- Central Auditory Processing Test
- Micro-suction earwax removal
- Tinnitus consultation
- Custom musician earplug
- Custom industrial noise plug
- Custom swim, surfer & snore earplug



# A WORD FROM OUR REPRESENTATIVES

## CR JARED CASSIDY

**T**here is still time to be part of the Einbunpin Festival's 30th Celebrations! Applications for Stallholders will close on 20 June and the Expression of Interest period for performers closes on 10 June so be quick!



The organising committee have been working hard to ensure this year's community festival is bigger and better than ever. The Festival will be held on Sunday

31 July from 9am to 4pm at the

Einbunpin Lagoon Parkland. There will be lots of entertainment on the three stages, many and varied stalls, the famous Mullet Toss, Egg and Spoon races. We're excited to once again bring back free rides for the kids to enjoy - rock climbing wall, jumping castle and a giant slide! A special thanks to our major sponsor The Sands Social for providing valuable sponsorship.

The Council budget will be handed down on 15 June. I have been advocating for the funding of many local projects including the upgrade of the Brighton Foreshore and Einbunpin Lagoon and for more funding for the basics like drainage and footpaths. I am hopeful the Lord Mayor provides the long outstanding funds so these vital local projects can be finally completed.

## CR SANDY LANDERS



**B**risbane City Council is supporting Brisbane residents and businesses affected by the recent flood events with a \$250 rate rebate. To check eligibility and apply please visit: [https://ofpm.brisbane.qld.gov.au/site/wss/form/rates-rebate-application?exemption=flood\\_relief](https://ofpm.brisbane.qld.gov.au/site/wss/form/rates-rebate-application?exemption=flood_relief) or call Council's Contact Centre on 3403 8888. Applications close June 15.

If you or someone you know is celebrating a special birthday or anniversary, you can

## STIRLING HINCHLIFFE MP

**I**n another display of the Palaszczuk Government's commitment to education, I'm happy to report projects at Nashville State School and Bracken Ridge State School have recently been completed.



Nashville State School is now the beneficiary of a new roof over their equitable access ramp to Block A. Bracken Ridge State School's new outdoor learning area is now

fully operational. This is an area which I'm advised is already a popular place for students during school hours and adds much more usable space for those who attend the Jabiru out of hours school program.

As well as this, the Queensland Government is investing nearly \$190 million in partnership with Telstra to secure better, faster internet for all Queensland State Schools. This game changing investment will boost the average bandwidth per student in two phases to one megabit per second in 2023 (40 times faster than current speeds), and five Mbps in 2026 (200 times faster)!

At our local state schools in Sandgate, internet speed per student is planned to increase from the current combined bandwidth of 360 Mbps to 24,750 Mbps by 2026. This is great news for local families and students!

request a letter from the Lord Mayor, Premier of Queensland, and Prime Minister of Australia. In some cases, the Queen and Governor-General will send their best wishes too. Special birthdays include 90th, 100th, 105th, and 110th and for anniversaries 50, 60, 65 and 70 years. Contact me on 3667 6000 or email [brackenridge.ward@bcc.qld.gov.au](mailto:brackenridge.ward@bcc.qld.gov.au) for further assistance.

Backyard Bonanza is back this year at McPherson Park, Denham Street, Bracken Ridge on Sunday 28 August. Interested stall holders can now email the Bracken Ridge Lions Club at [brackenridgebyb@gmail.com](mailto:brackenridgebyb@gmail.com).



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**BITS & BITES**

**Worlds Greatest Shave with Magic Ant Network**

Magic Ant Network is a community organisation dedicated to promoting the message that one small change can make a big difference in the world. On 19 June, they will hold a Worlds Greatest Shave at the Bracken Ridge Library. The event will take place at 10am. For more information on the event, contact Lachlan Boyes at [lachlan@magicantnetwork.org](mailto:lachlan@magicantnetwork.org)

**Travels with a Paint Brush**

Gallery 4017 are excited to present Jim Hansen, the 2021 4017 Winner, with his solo exhibition - Travels with a Paint Brush. This new body of work by Jim opens on Friday 10 June and closes Saturday 2 July. The Gallery 4017 is open from Tuesday to Saturday, 10am to 3pm.  
Artrageous / Gallery 4017  
82-88 Loftus Street, Deagon



## Accepting applications now for **Year 5 2023**



**Contact Enrolments today on 07 3261 1388 !**

Scan here to book your place on an upcoming Open Morning or Tour.



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[stpauls.qld.edu.au](http://stpauls.qld.edu.au)

## CONT...

### **Soulful Sounds at Scarborough Bowls**

Scarborough Bowls Club will hold Sounds of Soul on Saturday 2 July. With a DJ line up including John Lullaney, John Coney, Will Nice and Craig Castelli you are guaranteed a great night. The event starts at 7pm and tickets are only \$10 and can be purchased at [www.trybooking.com/BYRHZ](http://www.trybooking.com/BYRHZ)

### **Westward Whiskey Tasting Night**

Bluenose Betty are hosting the first American Single Malt Whiskey Tasting night for the year on Thursday 30 June. Todd McMahon from Westward will be the guest speaker for the evening, guiding you through tastings whilst discussing the history of the brand and bottles. You can expect a night of fun and great information. For tickets go to [www.eventbrite.com](http://www.eventbrite.com)

### **Dr Seuss Story Time**

On Wednesday 29 June, the Bracken Ridge Library will host a celebration of the wonderful stories by Dr Seuss! Enjoy a morning of storytime and craft activities inspired by the wonderful characters created by Dr Seuss. This event is ideal for children aged up to 8 years. Bookings are essential and you can phone the Bracken Ridge Library on 07 3667 6060 to reserve your place.

### **Psychic Medium Alicia Bickett**

Geebung RSL Club will host Australian Psychic Medium Alicia Bickett for one night only on Friday 17 June. The show is interactive as Alicia chats with ten or more members of the audience. This live show is full of fun, laughs and a few tears as Alicia talks to the ones you have lost, your future lovers and future babies. There are limited tickets available at [www.eventbrite.com.au](http://www.eventbrite.com.au).





# BRIGHTON'S NEWEST CAFE: LE CAFE DE BRIGHTON

STORY **NADIA CHAPMAN** PHOTO **BRUCE REDMAN**

**C**alling all cafe lovers! Do you like to sit down by the bay for a Sunday breakfast or stroll in the sunshine after getting your morning smoothie? Now there's a new place to do so on this side of town.

Introducing Le Cafe De Brighton—a new cafe that opened on April 1 specialising in breakfast food, smoothies, and fresh juices.

Owner Sylvie Samra said she loves the atmosphere of Sandgate and can't wait to serve the local community with fresh food and drinks.

"The feel [of Sandgate] is very different from Brisbane [which is where I've lived for the

majority of my time in Australia], it's certainly more relaxed," Sylvie said.

Sylvie is from West Africa but has been in Australia for 35 years. She has owned a couple of cafes before, including one in the Gabba and a carvery/cafe in Milton. She has also owned a convenience store among her impressive hospitality experience.

**"[My] favourite thing to do is walk along the waterfront before or after work. [I currently reside in Ferny Hills, but I'm trying to relocate to Sandgate for the beautiful atmosphere]. It's one of the reasons I decided on this location for the cafe."**

Sylvie has already found the community of Sandgate and her customers to be wonderful people who have been very supportive in her new endeavours. And this is to no surprise, as Le Cafe De Brighton focuses on selling breakfast food, sandwiches, and salads with a wide range of diverse smoothies and juices.

One of their specialities and customer





favourites is the Canadian Breakfast, which is a pancake stack with bacon, egg, maple syrup, and powdered sugar.

From tropical punches to immunity boosters, Le Cafe De Brighton provides it all to the Sandgate locals. You can find juice blends ranging from apple, watermelon, and mint to carrot, orange, lemon, and ginger.

Le Cafe De Brighton is also selling many gluten-free and vegan options for those in the community who prefer alternatives.

**You can visit Le Cafe De Brighton on your morning smoothie walk at 20/353 Beaconsfield Tce, Brighton.**



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# Local DINING GUIDE



6 Knox Street, Sandgate  
**Coffee Shop**

## CYPHER COFFEE

**Feature:** Need a coffee hit? Craving something sweet? Maybe something savoury? Cypher Coffee has you covered! Proudly serving 'Bear Bones' specialty coffee. Come and check out our delicious range of Byron Bay cookies, Turkish toasties, and more!

Conveniently located next to Sandgate train station.  
Open 7 days from 5.30am.



2 Queens Parade, Brighton  
**Wine Bar**  
0416 689 465

## ECLECTEA

**Feature:** Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri - 3-9pm,  
Sat/Sun 1-9pm



196 Flinders Pde, Sandgate  
(opposite pool)  
**Seafood, Burgers & Beers**  
3269 6903

## FLINDERS SEAFOOD & BAR

**Feature:** Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



3 Third Avenue, Sandgate  
**Italian Pizza Restaurant**  
3269 9766

## IL FORNO PIZZERIA

**Feature:** No. 2 the best pizza in Brisbane. Traditional Italian pizza restaurant located in Sandgate. Family friendly and relaxed environment, all our pizza is cooked with a wood fired oven. We provide vegetarian, vegan and gluten free options.

Open: Tue - Thu & Sun 5.00pm - 8.30pm  
Fri - Sat 5.00pm - 9.00pm







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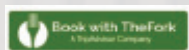
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# Local DINING GUIDE



8 Queens Parade, Brighton

**Coffee Shop**

0430 753 768

## MOMENT BISCUITS

**Feature:** Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



1 Loudon Street, Sandgate  
(across from the town hall)

**Breakfast, Lunch and Coffee**

3269 1629

## MYRTLE & BLOSSOM

**Feature:** Discover Sandgate's inspired new approach to casual eating. We're here to share the joy of real food and fresh local creations. Think deliciousness, delight and sustainability.

Open: Tuesday to Sunday  
7.30am - 2.30pm



154 Barrett St, Bracken Ridge  
Bracken Ridge Tavern

**Steak & Rib House**

3269 7011

## PANAMA JACK'S STEAK & RIB HOUSE

**Feature:** Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Open 7 days from 11:30am until late.  
[www.thebrt.com](http://www.thebrt.com)



6 Park Parade, Shorncliffe

**Modern Australian  
& Mediterranean**

0447 265 852

## PREECE'S ON THE PARK

**Feature:** We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.







Sinbad St, Shorncliffe  
**Bar Restaurant Functions**  
3269 4588

## QUEENSLAND CRUISING YACHT CLUB

**Feature:** Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. [www.qcyc.com.au](http://www.qcyc.com.au)  
All public very welcome!



7 Fourth Avenue, Sandgate  
**Homestyle Café**  
3269 0318

## SALAD DAYS

**Feature:** Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday 9am-2pm, Tuesday to Friday 8am-2pm. Sat & Sun closed at present.



50 Keogh Street, Sandgate  
**Casual Dining**  
3609 2001

## THE SANDS SOCIAL RESTAURANT & CAFE

**Feature:** Looking for lunch or dinner with family and friends? Visit the newest restaurant in Sandgate, located at The Sands Social. Enjoy classic club style food as well as freshly made pastas and pizzas. Café is open all day from 10am. Members discounts available. Bookings are recommended.



227 Rainbow St,  
Shorncliffe  
**Specialty Coffee House**  
0413 849 814

## THE WIRED OWL COFFEE CO

**Feature:** At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.





# Local DINING GUIDE



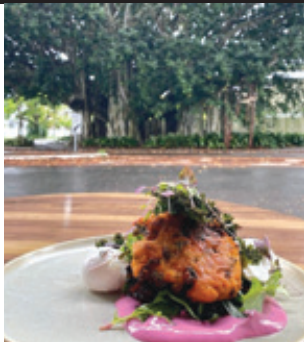
227 Rainbow St, Sandgate

Café

3269 6970

## THE WITCHIN' KITCHEN

**Feature:** Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



Bracken Ridge Plaza

250 Telegraph Rd,

Casual Dining

3261 6102

## THREE WISE MONKEYS CAFÉ

**Feature:** Three Wise Monkeys Café is a local family-owned Café serving fresh and flavourful meals and Brisbane's favourite Campos coffee.

Come visit us for our well-renowned burgers and grab one of our delicious bubble teas on the way.

Fuel your day at Three Wise Monkeys Café, located in the Bracken Ridge Plaza. Open 7 days.



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YOUR CAFÉ  
OR RESTAURANT**

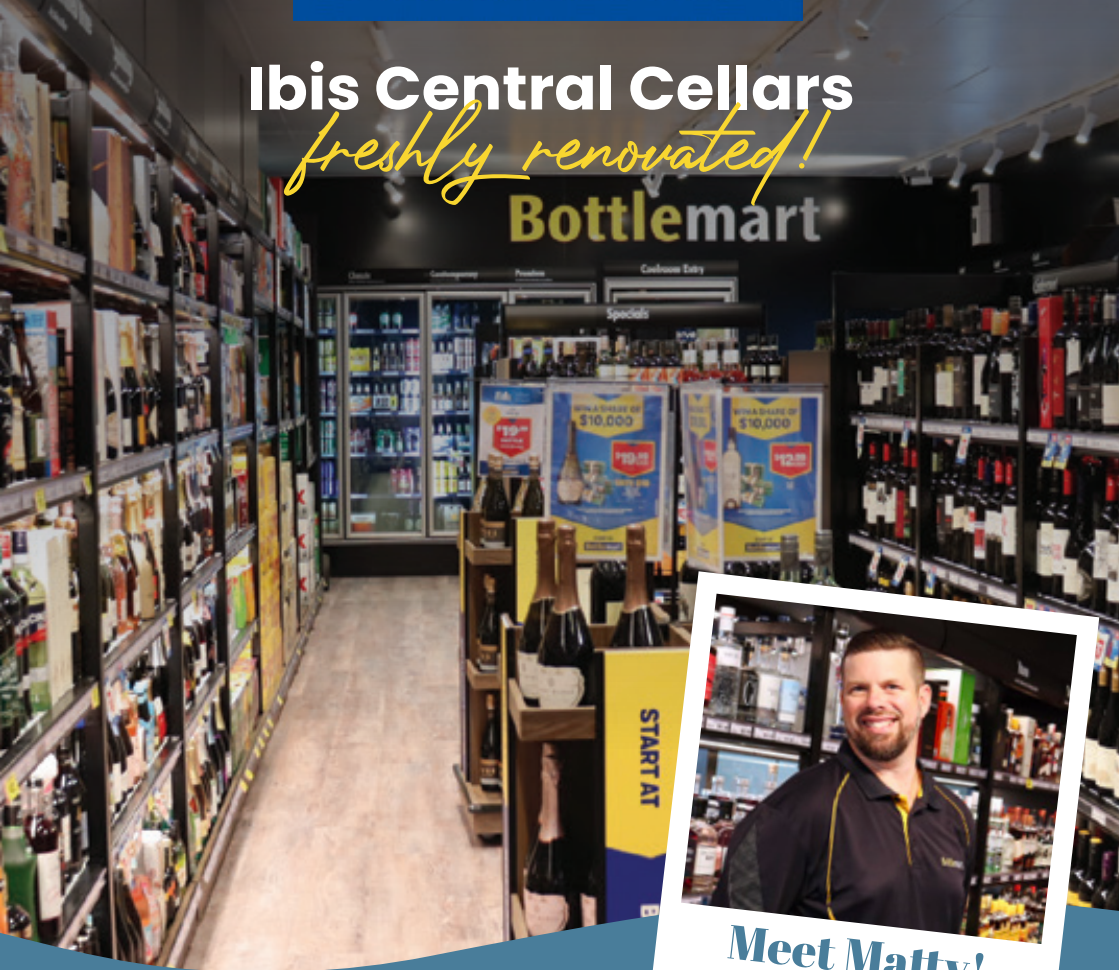
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# Bottlemart

**Ibis Central Cellars**  
*freshly renovated!*  
**Bottlemart**



**Meet Matty!**

**Classic, Contemporary + Craft Beers**  
**Extensive Wines, Boutique Spirits, Quality Champagne**  
**All Weather Parking**  
**Quick, Easy, Cold + Convenient**







# STUDENTS HONOUR SANDGATE'S FALLEN SOLDIERS

STORY **ALYSSA MACKAY**

**L**ocal students have taken part in a special project to pay tribute to Sandgate's soldiers who lost their lives in the First World War.

Bracken Ridge State High School students honoured fallen soldiers at their Anzac Day commemorative service in April, wearing badges with the names and services details of veterans with connections to Sandgate.

Principal Regina Garrick said the students were very proud to wear the badges at the school ceremony.

"Perhaps you could say that it has made it more 'real' for the students through the connection with soldiers from the Sandgate district," Regina said. "The information shared about the service details for each soldier helped students realise the impact of war and the importance of not forgetting our fallen soldiers."

At the ceremony, the badges were presented to the students by representatives of the Sandgate RSL Sub Branch, including Doug Cooney from the Australian Defence Force and army veteran Doug Warden. The students collected the badges as the names of the fallen were called out and war grave



information was shared on a PowerPoint.

Photos of the final resting places of the soldiers were provided by Sub Branch committee member Jim Lakey, who visited their overseas graves a few years ago. Jim gave the information to the school ceremony's event coordinator, Vicki Sinclair.

"I took down the names of the fallen soldiers from the Sandgate Memorial," Jim said. "I made a point to visit all the graves and took pictures. I got those pictures to Vicki and a map of where they are in France and Belgium."

War memorials and honour rolls in the Sandgate area commemorate a total of 52 soldiers who died in World War I.

Regina said the students had commented to her after the service that it was really sad because some of the soldiers were so young.

"I have every confidence in our young people that they won't forget our fallen soldiers," she said.

"Keeping alive the names of those fallen soldiers will ensure an ongoing connectedness to our community, but more importantly will act as a reminder that the actions of our fallen soldiers continue to impact on our lives moving forward."





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# Stanthorpe dishes up award-winning hospitality

STORY **JENN CARRINGTON**

**Q**ueensland's coldest town, Stanthorpe, set in the heart of the granite belt region, is home to the Queensland College of Wine and Tourism.

In conjunction with the USQ, the College of Wine and Tourism, and the almost freezing winter temperatures provides the perfect climate for growing grapes.

QCWT CEO Peter O'Reilly, said that since the college was established in 2007 their operations train across three sectors, including the Schools program, VET sector and tertiary education.

"The college evolved out of Stanthorpe highschool and the local wine industry coming together about 20 years ago, and we are now the host body for about 70 schools around the state, and training for anyone interested in the wine and tourism industry in Queensland.

"We also have a number of courses and short programs which bring people into the region, such as our one day pruning school, or winemaker for a weekend course," he said.

Mr O'Reilly said the key message about the college is their focus on training in a commercial environment. The college boasts a research vineyard with 96 varieties, plus commercial vineyard, winery, laboratory, and award winning commercial restaurant and function centre.

"The Varias Function Centre is of an incredibly high standard, catering for weddings, corporate

and special events. Not only that, but the granite belt region is such a wonderful destination for local produce.

"The jams, preserves, chutneys, vinegars, verjus etc from this area are just amazing. We have Australia's number one vinegar factory right here and we export all over the world.

Anything that's got a Maggie Beer label on it comes out of a shed in Stanthorpe," he said.

With most of SEQ, including Stanthorpe, having a boom in local tourism during Covid, Mr O'Reilly said he doesn't think that will scale back.

"We are seeing a level of sophistication in the tourism offered here that just wasn't in place years ago."

The College continues to thrive with commercial training across the hospitality industry and plans to keep producing not just award winning wines, but excellent industry leaders.

"We always say you can learn to cook in the hospitality kitchens at the school, but readiness to work in the industry comes from when you can stand in front of a group of people paying for lunch and you've got to perform. You've made a mess of a steak, you're under pressure, and you have the chef yelling in your ear, that's when you know you're ready."

**Queensland College of Wine Tourism**  
**22 Caves Road, Stanthorpe QLD 4380**  
**Phone 07 4685 5050, Email [qcwt@usq.edu.au](mailto:qcwt@usq.edu.au)**



# DragonBoaters Bring Home Bronze

STORY **ALYSSA MACKAY**

A Shorncliffe dragon boating team is celebrating winning bronze medals in their race at the Dragon Boat Queensland State Championships.

The Xiang Dragons women's team placed third at the event, which was held at Lake Kawana at the Sunshine Coast on Saturday, 12 and Sunday, 13 March.

Head coach Bruce Eckersley said Xiang Dragons had been competing at the state championships for five years.



"The ladies' team competed in every state title since 2017, where they came fourth every time until this year, when they won bronze," Bruce said.

The team, coached by Jennifer Eckersley, came first in their heat, which sent them straight through to the finals. They went on to place third in the Senior A Women's 10's 200 metre race with a time of 58.64 seconds, behind Mackay with a time of 58.01 seconds and Gold Coast with a time of 58.61 seconds.

"Everyone was ecstatic with their success," Bruce said.

Bruce and Jennifer founded Xiang Dragons in 2017.

"Our membership grew very quickly thanks to an article in the Sandgate Guide and being invited to the Bluewater Festival to demonstrate the sport, where the club was able to take people out to try paddling in a dragon boat," Bruce said.

## MOVIE REVIEW - TOP GUN:MAVERICK

STORY **@WATCHITWOMBAT**

**T**his film should not have been this amazing!

On paper, it's a sequel to a much beloved movie made over 30 years ago, there's no way it could be any good? In reality, it was one of the truest sequels I've ever seen (especially for one made so long after the original). The filmmakers have managed to not only create a great movie in its own right but deliver a true love letter to its predecessor – not an easy feat. It's unashamed of the clear parallels it makes to Top Gun, using similar plot points and scenes not to mention a medley of the original soundtrack – while also deliberately subverting expectations.

So Maverick is back, still in the same rank, still pushing the envelope and sticking it to the man. Until he's recruited to teach the young guns how to survive an almost suicidal mission into enemy territory. The story expands the lore of Top Gun, bolstering minor characters from the first film making it feel more like part of a saga than a direct sequel.

Tom Cruise personifies cool, giving the new kids on the block (both the actors and their characters) their moments in the sun, even letting the laughs be at his expense. Which is amongst the many surprises that this film has to offer, it's effortlessly funny which helps relieve some of the more tense scenes, of which there are plenty. The stakes feel real, you want all of these characters to return home - even when they're only working through their training. This is owed in part to the incredibly authentic action scenes, opting for real planes over CGI. Don't think that this is just a popcorn flick, there's the subtlety and nuance of an indie drama, implying key moments with words unspoken, rather than spelling out the inevitable dialogue.

I felt like I was a kid again, walking out of the movie babbling about the cool action scenes and funny moments, instantly ready for a return flight. Bring your family and experience Top Gun: Maverick how it was intended - on the big screen. In cinemas May 26.



JUNE

# What's On.

## 02 THURSDAY

### 🎪 KINETICKIDS MULTI-SPORTS

McPherson Park 3:30pm

### 🎪 BOOKS ANON. BOOK CLUB

EclecTea 6:30pm - 10pm

First Thursday of every month: Details on Facebook <https://www.facebook.com/events/165425998743196/>

### 🎵 OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

## 03 FRIDAY

### 🎵 OASIS MAK

EclecTea 4pm



### 🎵 BEN STEWART DUO

Full Moon Hotel 8pm

### 🎵 EMBER

The Sands Social 8pm

## 04 SATURDAY

### 🎵 SATURDAY ARVO SESH W MAK & FRIENDS

EclecTea 5pm

### 🎵 TEDESCHI & WALKER

Sandgate Town Hall 7:30pm

### 🎵 RADIO ACTIVE

The Sands Social 8pm

### 🎵 C&C DUO

Full Moon Hotel 8pm

## 05 SUNDAY

### 🎪 MAKERS & SHAKERS- STITCHER'S SOCIAL

EclecTea 1pm - 3pm

Makers & Shakers is an afternoon of craft with like-minded people of all ages and abilities. BYO equipment: needles, hooks, hoops, wool and yarn. Huge selection of craft beer, spirits, wine, cocktails and nibbles available. Live music all afternoon!

### 🎵 ASLEEP AT THE REEL

QCYC 1pm

### 🎵 CHRIS MCLAREN

The Sands Social 1:30pm

### 🎵 SCARLETT GUNNER DUO

Full Moon Hotel 2pm

### 🎵 LAST NIGHT OF THE PROMS

Sandgate Town Hall 3pm

### 🎵 TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

## 08 WEDNESDAY

### 🎪 SANDBAGS ANNUAL TREE PLANTING

Bald Hills Creek 10am



## 09 THURSDAY

### **KINETICKIDS MULTI-SPORTS**

McPherson Park 3:30pm

### **OPEN MIC AT THE CARDIGAN BAR**

Cardigan Bar 7pm

## 10 FRIDAY

### **CELEBRATING 70 YEARS OF SPC SPORTS**

Kedron-Wavell Services Club 12:30pm

### **OASIS MAK**

EclecTea 4pm

### **RENNY FIELD DUO**

The Sands Social 8pm



### **THE BERRYMEN DUO**

Full Moon Hotel 8pm

## 11 SATURDAY

### **BACK TO SHORNCLIFFE DAY 2022**

Curlew Park, Sandgate. 7:30am

### **CELTIC SESSIONS WITH BLARNEY STONE**

Cardigan Bar 3pm



### **ANGUS HALL**

EclecTea 5pm

### **THE BLACKWATER DUO**

The Sands Social 8pm

### **AMY VARLEY DUO**

Full Moon Hotel 8pm

## 12 SUNDAY

### **IPSO FACTO**

QCYC 1pm

### **TONY BOYD**

The Sands Social 1:30pm

### **PERCY ROBINSON DUO**

Full Moon Hotel 2pm

### **TUNES ON THE TURF - OPEN MIC**

EclecTea 3pm



**RYAN HURRICANE**  
The Sands Social  
1:30pm



## 14 TUESDAY

### **FULL MOON**

Rise Time: 4.37pm



## 16 THURSDAY

### **KINETICKIDS MULTI-SPORTS**

McPherson Park 3:30pm

### **OPEN MIC AT THE CARDIGAN BAR**

Cardigan Bar 7pm

## 17 FRIDAY



### **OASIS MAK**

EclecTea 4pm

### **🎵 PETE CULLEN & MIC G**

Full Moon Hotel 8pm

### **🎵 FIFTH AVE**

The Sands Social 8pm

## 18 SATURDAY

### **🚛 MONSTER TRUCK MANIA**

Brisbane Entertainment Centre 1pm

### **🎵 SATURDAY SESH W TRINITY MARSH**

EclecTea 5pm

### **🎵 STEVENSON ST DUO**

The Sands Social 8pm

### **🎵 DARYL JAMES DUO**

Full Moon Hotel 8pm



## 19 SUNDAY

### 🎵 PHIL GALLERY

QCYC 1pm

### 🎵 MONSTER TRUCK MANIA

Brisbane Entertainment Centre 1pm

### 🎵 RYAN HURRICANE

The Sands Social 1:30pm

### 🎵 JAY & EM DUO

Full Moon Hotel 2pm

### 🎵 TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

## 23 THURSDAY

### 🎵 OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

## 24 FRIDAY



### 🎵 OASIS MAK

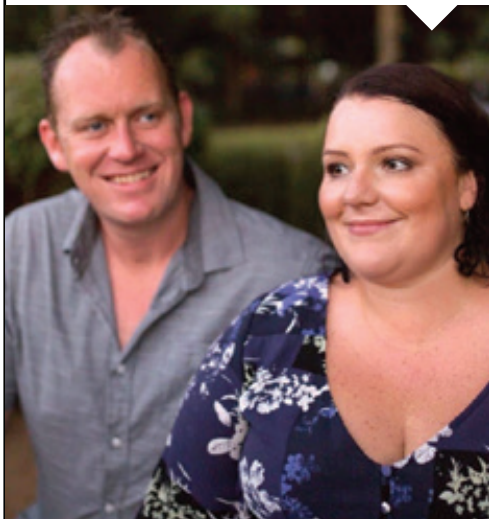
EclecTea 4pm

### 🎵 VINYL CLUB

Cardigan Bar 7pm

### 🎵 JAMMING

The Sands Social 8pm



### 🎵 TOM ROBERTS DUO

Full Moon Hotel 8pm

## 25 SATURDAY

### 🎵 BLUEGRASS JAM

Cardigan Bar 3pm

### 🎵 TONY DEE

EclecTea 5pm

### 🎵 STATE OF APPALACHIA DUO

Cardigan Bar 7:30pm

### 🎵 KLUSTERFUNK

The Sands Social 8pm

### 🎵 ALEX HARRIS & DARCE DUO

Full Moon Hotel 8pm

## 26 SUNDAY

### 🎵 SUNDAY SOUNDS - FIGTREE JAM

Queensland Cruising Yacht Club 1pm

### 🎵 FIGTREE JAM

QCYC 1pm

### 🎵 NATE ANDREW

The Sands Social 1:30pm

### 🎵 THE LOVE CATS DUO

Full Moon Hotel 2pm

### 🎵 TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

## 27 MONDAY

### 🎵 FREESTYLE SCOOTER COACHING

Deagon Sportsground Park 10am

## 30 THURSDAY

### 🎵 OPEN MIC NIGHT

QCYC 7pm

### 🎵 OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm





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# JUNE TIDE TIMES

TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
<b>1</b> 0457 0.69		<b>7</b> 0223 2.15		<b>13</b> 0237 0.58		<b>19</b> 0107 2.53		<b>25</b> 0102 0.82	
1020 1.77		0916 0.78		0804 2.02		0807 0.54		0636 1.83	
WE 1618 0.49		TU 1511 1.67		MO 1425 0.30		SU 1421 1.79		SA 1255 0.48	
2255 2.43		2055 0.88		2057 2.63		1923 0.62		1930 2.30	
<b>2</b> 0531 0.72		<b>8</b> 0321 2.13		<b>14</b> 0334 0.51		<b>20</b> 0159 2.40		<b>26</b> 0157 0.77	
1055 1.72		1014 0.70		0859 1.96		0858 0.56		0725 1.79	
TH 1651 0.55		WE 1622 1.78		TU 1511 0.28		MO 1442 1.81		SU 1336 0.46	
2330 2.38		☉ 2210 0.88		☉ 2146 2.71		2026 0.73		2011 2.38	
<b>3</b> 0607 0.76		<b>9</b> 0422 2.12		<b>15</b> 0430 0.47		<b>21</b> 0253 2.25		<b>27</b> 0245 0.72	
1132 1.68		1108 0.61		0953 1.90		0947 0.57		0809 1.76	
FR 1726 0.61		TH 1727 1.95		WE 1557 0.29		TU 1547 1.87		MO 1414 0.45	
		2323 0.83		2236 2.75		☉ 2136 0.82		2050 2.43	
<b>4</b> 0006 2.32		<b>10</b> 0521 2.11		<b>16</b> 0527 0.46		<b>22</b> 0349 2.11		<b>28</b> 0328 0.68	
0645 0.79		1200 0.51		1048 1.86		1037 0.56		0850 1.75	
SA 1214 1.65		FR 1823 2.14		TH 1645 0.33		WE 1651 1.96		TU 1450 0.45	
1804 0.69				2326 2.72		2249 0.87		2127 2.44	
<b>5</b> 0045 2.26		<b>11</b> 0032 0.75		<b>17</b> 0621 0.47		<b>23</b> 0447 1.99		<b>29</b> 0406 0.67	
0730 0.82		0616 2.10		1145 1.82		1126 0.54		0928 1.74	
SU 1302 1.62		SA 1250 0.42		FR 1733 0.40		TH 1751 2.08		WE 1524 0.46	
1850 0.77		1916 2.32						☉ 2202 2.44	
<b>6</b> 0131 2.20		<b>12</b> 0137 0.66		<b>18</b> 0016 2.65		<b>24</b> 0000 0.87		<b>30</b> 0443 0.67	
0821 0.81		0711 2.06		0715 0.50		0544 1.90		1003 1.73	
MO 1401 1.62		SU 1338 0.35		SA 1241 1.79		FR 1212 0.51		TH 1559 0.47	
1946 0.84		2007 2.49		1826 0.50		1843 2.20		2237 2.42	

## FISH OF THE MONTH



### Scribbled Rabbitfish

STORY PETER HANSLER

**T**he Scribbled Rabbitfish *Siganus fuscescens* is locally known as a 'Happy Moment'. Typically, Australian lingo dictates that the exact opposite is what you will get if you are stung by one of these fish. The venom is not as toxic as Stonefish or Scorpion Fish and won't kill you but the pain is quite severe even for many hours afterwards. At the time of writing this, first aid is to place the affected area in water as hot as you can tolerate for 30 min or until pain subsides.

They are very common in Moreton Bay, frequently found and caught around Shorncliffe Pier and Woody Point Jetty. Reaching about 40cm in length they are actually quite good eating. They also have no size or bag limit. Not your typical live bait species but I have been known to use them occasionally and a few times have caught large Estuary Cod with them.

*My Youtube series titled Underwater in Moreton Bay shows footage of these fish under our local jetties.*



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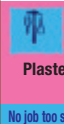
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